

Oral Presentation at Bandung International Conference and Expo on Food and Health 2019

I am very grateful since I had an opportunity to attend “the Bandung International Conference and Expo on Food and Health 2019 (BICFH-2019). On this occasion, I presented about “AN ANTI-HYPERTROPHIC EFFECT OF AN ACTIVE EDIBLE GINGER COMPONENTS, ZERUMBONE IN HEART FAILURE MODEL MICE.” As we know, Heart failure (HF) is one of the global problems that



cause death. Zerumbone exists in most of the edible ginger. Our findings in this research may be useful for HF therapy in humans. Drug derive food is preferable not only for its medicinal properties but also non-toxic. During my talked, some participants asked about the experiment design and animal condition.

There were five people from the University of Shizuoka attended this event, including Prof. Tatsuya Morimoto, Prof. Shizuo Yamada, Dr. Yoshihiko Ito, and Yusuke Miyazaki. We had a photo session with Dr. Elfahmi from Bandung Institute and Technology as a chairman of this meeting.

At this conference, I gained lots of knowledge about food and health. Food and health are essential for our life that dependent one and others. Food and health integrated as one package necessary for human existence. Lots of researchers concern about the importance of food for health. The aspects of this meeting were varied, including pharmacy, biology, food science, agriculture, energy, medical, and industry.

I have met with the experts from the university, government, practitioner, and other stakeholders related to food and health. This meeting has enabled me to meet my friends and colleagues that motivate me to do my best. I realize that learning is an endless journey for everyone. Therefore, I am sure by doing research continuously, and synergy will help us to achieve a better future.



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